5 minutes - SETTINGS CHECK

# How to play: Take a few minutes to check the privacy settings on your family's apps.

Privacy settings are so important for users because they mean only the people you choose can see your uploads and personal information. Checking settings regularly is a smart way to keep apps set up more safely.

While you are doing your settings check, have a chat about what settings you each have and talk about the kinds of people you would want – and would not want – to see your posts. If you're not sure how to do it, don't be afraid to ask for help.



10 minutes - YOUR DIGITAL PLEDGE

How to play: Get a sheet of paper and think about positive ways you can use your tech at home. It could be the tech you use, where you use your tech, or when.

You might want to look at ways ways in which you talk about tech and being online, how often you do that. Or it might be something completely different that you feel would help your digital family.

Write your pledges down – with suggestions from everyone – and then stick it up on a wall or fridge door. At the end, take a photo of your Digital Pledge to remember the things you have suggested.









20 minutes - LIGHTS, CAMERA, ACTION

How to play: Make a short movie about your favourite app and why you love it. Everybody has a role to play in making the movie. Director. Actor. Camera person. Make your movie, then beam onto a big screen for its full premiere.



#### FACT OR #FAKENEWS?

How to play: Take turns as a family to share three things about your digital life – one of which isn't true (fake news!). Everyone else then has to guess which two statements are true and which one isn't.

Your statements (true or false) could be something like...

"I care more about likes on Instagram than TikTok"

"I never post a selfie without editing it first"

"I want to start an social account for our dog"

"I didn't get my first mobile device until I was 23"

You might be surprised by which statements are true and which aren't.

#### **Discuss:**

Do you share any of these truths about your digital lives? Are there any you could do together?







