

Be Internet Kind

Anti-bullying week 2025

Stop the Cyberbully!

The Cyberbully has hidden lots of words in the grid. These words can help you to Be Internet Kind and respond to unkind behaviour online. See if you can find them all!



Block - A way to end all interaction with another person online.

Brave - Doing something that's right, but can be scary or difficult to do.

Empathy - Trying to feel or understand what someone else is feeling.

Kind - Being helpful and thoughtful to others.

Mute - Less final than blocking, muting is a way to stop seeing another person's posts and comments.

Report - Using online tools to report harassment, bullying, threats and other harmful content.

Respect - Treating people with consideration, fairness, and kindness, even when you disagree with them or their choices.

Upstander - Someone who intervenes to stop and/or report inappropriate behaviour.

C	I	O	U	L	F	K	C	O	L	B	C
U	Y	L	L	T	G	B	R	A	V	E	O
P	V	B	I	W	R	V	U	C	R	U	H
S	T	S	E	R	X	O	H	F	E	M	T
T	C	U	K	R	W	R	E	H	P	K	E
A	E	Y	K	A	B	B	H	R	O	Z	A
N	P	M	I	I	L	U	C	G	R	S	T
D	S	K	N	G	U	D	L	P	T	U	O
E	E	I	D	E	H	X	E	L	R	R	E
R	R	X	S	N	S	M	L	N	Y	H	T
D	N	E	G	E	L	E	Q	P	C	Y	U
Y	H	T	A	P	M	E	B	D	E	T	M

Join us to celebrate kindness online on
Be Internet Legends Day 2025
Tuesday 11 November

